

DAILY SCHEDULE OF SUMMER CAMP AT M N V FOUNDATION BOY'S HOME FROM 2ND MAY TO 20TH MAY-2024



SHLOKA

Shloka chanting is a powerful practice that preserves ancient wisdom, fosters inner peace, and connects individuals with spiritual teachings, offering profound insights and guidance for holistic well-being.



CURSIVE WRITING

Enhances cognitive skills, improves fine motor control, and fosters individuality in expression, promoting clearer communication and deeper engagement with written language.

OUTDOOR GAMES

Promotes physical fitness, social interaction, and cognitive development, fostering holistic well-being and a deeper connection with nature.



ART & CRAFT

Cultivates creativity, boost self-esteem, and encourage problem-solving skills, fostering personal expression and cultural appreciation.



BASIC GRAMMAR

Provides a foundation for effective communication, enhancing clarity, precision, and credibility in both written and spoken language.



YOGA & MEDITATION

Cultivates harmony between mind, body, and spirit, fostering physical health, mental clarity, and inner peace.

COMPUTER CLASS

Equips individuals with essential digital literacy skills, empowering them to thrive in the modern world and participate effectively in the digital economy.



DANCE

Unleashes creativity, fosters self-expression, and promotes physical fitness, joy, and cultural appreciation.



PERSONAL DEVELOPMENT & LIFESKILLS

Empowers individuals to unleash their full potential, achieve their goals, and lead fulfilling lives through continuous growth and self-improvement.



SCHEDULE

Date	2nd May	3rd May	4th May	5th May	6th May	7th May
Timing	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6
6.00 to 7.00	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga
7.00 to 7.30	Shloka	Shloka	Shloka	Shloka	Shloka	Shloka
7.30 to 8.30	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready
8.30 to 9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30 to 10.30	Cursive Writing	Cursive Writing	Cursive Writing	Cursive Writing	Cursive Writing	Cursive Writing
10.30 to 11.00	Rest Hours	Rest Hours	Rest Hours	Rest Hours	Rest Hours	Rest Hours
11.00 to 1.00	Basic Grammar	Basic Grammar	Basic Grammar	Basic Grammar	Basic Grammar	Basic Grammar
1.00 to 2.00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
2.00 to 3.00	Art and Craft	Art and Craft	Art and Craft	Art and Craft	Art and Craft	Art and Craft
3.00 to 4.00	Dance	Dance	Dance	Dance	Dance	Dance
4.00 to 4.30	Snacks	Snacks	Snacks	Snacks	Snacks	Snacks
4.30 to 5.30	Why we respect Elders	Importance of Education	Importance of communication skills	Home cleaning	Good Environment & Bad Environment	Good Friend & Bad Friend
5.30 to 6.30	Outdoor games	Outdoor games	Outdoor games	Outdoor games	Outdoor games	Outdoor games
6.30 to 7.00	Fresh up	Fresh up	Fresh up	Fresh up	Fresh up	Fresh up
7.00 to 8.00	Computer Class	Computer Class	Computer Class	Computer Class	Computer Class	Computer Class
8.00 to 8.30	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation
8.30 to 9.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
9.00 to 9.30	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time

Date	8th May	9th May	10th May	11-May	12th May	13th May
Timing	Day-7	Day-8	Day-9	Day-10	Day-11	Day-12
6.00 to 7.00	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga
7.00 to 7.30	Shloka	Shloka	Shloka	Shloka	Shloka	Shloka
7.30 to 8.30	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready
8.30 to 9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30 to 10.30	Cursive Writing	Cursive Writing	Cursive Writing	Cursive Writing	Cursive Writing	Cursive Writing
10.30 to 11.00	Rest Hours	Rest Hours	Rest Hours	Rest Hours	Rest Hours	Rest Hours
11.00 to 1.00	Basic Grammar	Basic Grammar	Basic Grammar	Basic Grammar	Basic Grammar	Basic Grammar
1.00 to 2.00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
2.00 to 3.00	Art and Craft	Art and Craft	Art and Craft	Art and Craft	Art and Craft	Art and Craft
3.00 to 4.00	Dance	Dance	Dance	Dance	Dance	Dance
4.00 to 4.30	Snacks	Snacks	Snacks	Snacks	Snacks	Snacks
4.30 to 5.30	Happiness & Sadness	Good Habits and bad habits	How to face Problems and	Strong Will	Home cleaning	Good Environment & Bad Environment
5.30 to 6.30	Outdoor games	Outdoor games	Outdoor games	Outdoor games	Outdoor games	Outdoor games
6.30 to 7.00	Fresh up	Fresh up	Fresh up	Fresh up	Fresh up	Fresh up
7.00 to 8.00	Computer Class	Computer Class	Computer Class	Computer Class	Computer Class	Computer Class
8.00 to 8.30	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation
8.30 to 9.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
9.00 to 9.30	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time

Date	14th May	15th May	16th May	17th May	18th May	19th May
Timing	Day-13	Day-14	Day-15	Day-16	Day-17	Day-18
6.00 to 7.00	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga	Wake-up and Yoga
7.00 to 7.30	Shloka	Shloka	Shloka	Shloka	Shloka	Shloka
7.30 to 8.30	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready	Bathing and getting ready
8.30 to 9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30 to 10.30	Cursive Writing	Cursive Writing	Cursive Writing	Cursive Writing	Cursive Writing	Cursive Writing
10.30 to 11.00	Rest Hours	Rest Hours	Rest Hours	Rest Hours	Rest Hours	Rest Hours
11.00 to 1.00	Basic Grammar	Basic Grammar	Basic Grammar	Basic Grammar	Basic Grammar	Basic Grammar
1.00 to 2.00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
2.00 to 3.00	Art and Craft	Art and Craft	Craft	Painting	Art	Craft
3.00 to 4.00	Dance	Dance	Dance	Dance	Dance	Dance
4.00 to 4.30	Snacks	Snacks	Snacks	Snacks	Snacks	Snacks
4.30 to 5.30	Good Friend & Bad Friend	Happiness & Sadness	Good Habits and bad habits	How to face Problems and overcome	Strong Will	Home cleaning
5.30 to 6.30	Outdoor games	Outdoor games	Outdoor games	Outdoor games	Outdoor games	Outdoor games
6.30 to 7.00	Fresh up	Fresh up	Fresh up	Fresh up	Fresh up	Fresh up
7.00 to 8.00	Computer Class	Computer Class	Computer Class	Computer Class	Computer Class	Computer Class
8.00 to 8.30	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation
8.30 to 9.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
9.00 to 9.30	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time

